

GMHS-26PL

Chandigarh

POSHAN MAAH SEPTEMBER 2022



Gmhs-26PL, Chandigarh



Prabhat Pheri under Poshan Maah
September 2022

GOVT. MODEL HIGH SCHOOL, PL., SEC. 26, CHD.



Class 7
Pledge reflecting the spirit of Baccha and
Shiksha on 01.09.2022

Gmhs-26PL, Chandigarh.



Gmhs-26PL, Chd.
Pledge taken by students of class 4 on
01.09.2022 under Poshan Maah September 2022.

Gmhs-26PL, Chandigarh.
Pledge taken by class 1 students on 01.09.2022
under POSHAN MAAH September 2022



GMHS-26PL, Chandigarh.



Gmhs-26PL, Chd.
Pledge taken by the students of class 2 on 01.09.2022
under Poshan Maah September 2022



**GMHS-26PL, Chandigarh.
Pledge taken by class 3rd students on
01.09.2022 under Poshan Maah 2022.**

Gmhs-26PL, Chandigarh. Poshan Maah September 2022



Awareness lecture on nutrition and personal hygiene on 01.09.2022 delivered to class 10 and class 7 students



**Poshan Maah
September 2022**

Class 6 to 10
Awareness assembly on balanced diet and personal hygiene on
02.09.2022

GMHS-26PL, CHANDIGARH

Poshan Maah September 2022



Class 1 to 3
Awareness assembly on balanced diet and personal hygiene
on 02.09.2022.

GMHS-26PL, Chandigarh.



Class 4
Awareness assembly on balanced diet and personal hygiene on
dated 02.09.2022

Govt. Model High School, Sector -26PL, Chandigarh.

Demonstration and Practising of Hand Wash on 03.09.2022 by Pre Primary Classes



**Govt. Model
High School,
Sector
-26PL,
Chandigarh.**



**Hand
Wash
Activity by
Class 1
students
03.09.2022**



**GMHS-26PL, Chd.
Hand Wash Activity carried out by students of
class 5 on 03.09.2022 under Poshan Maah 2022**



**Gmhs-26PL, Chandigarh.
Hand Wash Activity carried out by students of class 3
on 03.09.2022 in school under Poshan Maah 2022.**

Govt. Model High School, Sector-26PL, Chandigarh.



Linking of traditional food with local festival (Nutri Thali with Ganpati Bappa) activity carried out on 05.09.2022 under Poshan Maah 2022 by the students of Classes 6 to 8.

**GOVT. MODEL HIGH SCHOOL, SECTOR-26PL,
CHANDIGARH**

**Nutrition Fair
on
06.09.2022**



Govt. Model High School Sector -26PL, Chandigarh.



**Indigenous Toy Making using clay etc. for
school level toy fair under Poshan Maah 2022.**

Gmhs-26PL, Chandigarh



Poster Making competition conducted on water management and rain water harvesting under Poshan Maah 2022.



Gmhs-26PL, Chandigarh.
Rally by students for awareness on water management and rain water harvesting on 08.09.2022 under Poshan Maah 2022.

Gmhs-26PL, Chandigarh.

A quiz competition on water management and rain water harvesting organised for students of class 9 on 08.09.2022 under Poshan Maah 2022.





Gmhs-26PL, Chandigarh organized a quiz competition on water management and rain water harvesting for students of class 10 on 08.09.2022 under Poshan Maah 2022.



**GMHS-26PL
Chd
Science Fair
on
water
management
on 09.09.2022**



Govt. Model High School, Sector-26PL, Chandigarh.

Khelo aur Padho (Education through toy's and TLM's) School Level Indigenous Toy Fair



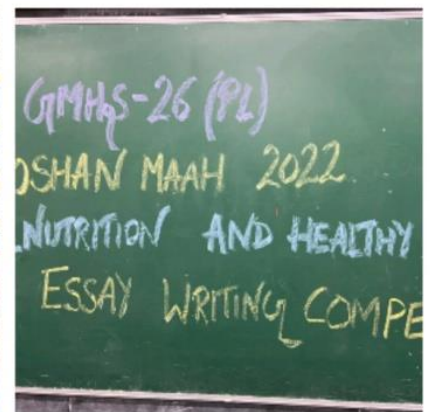
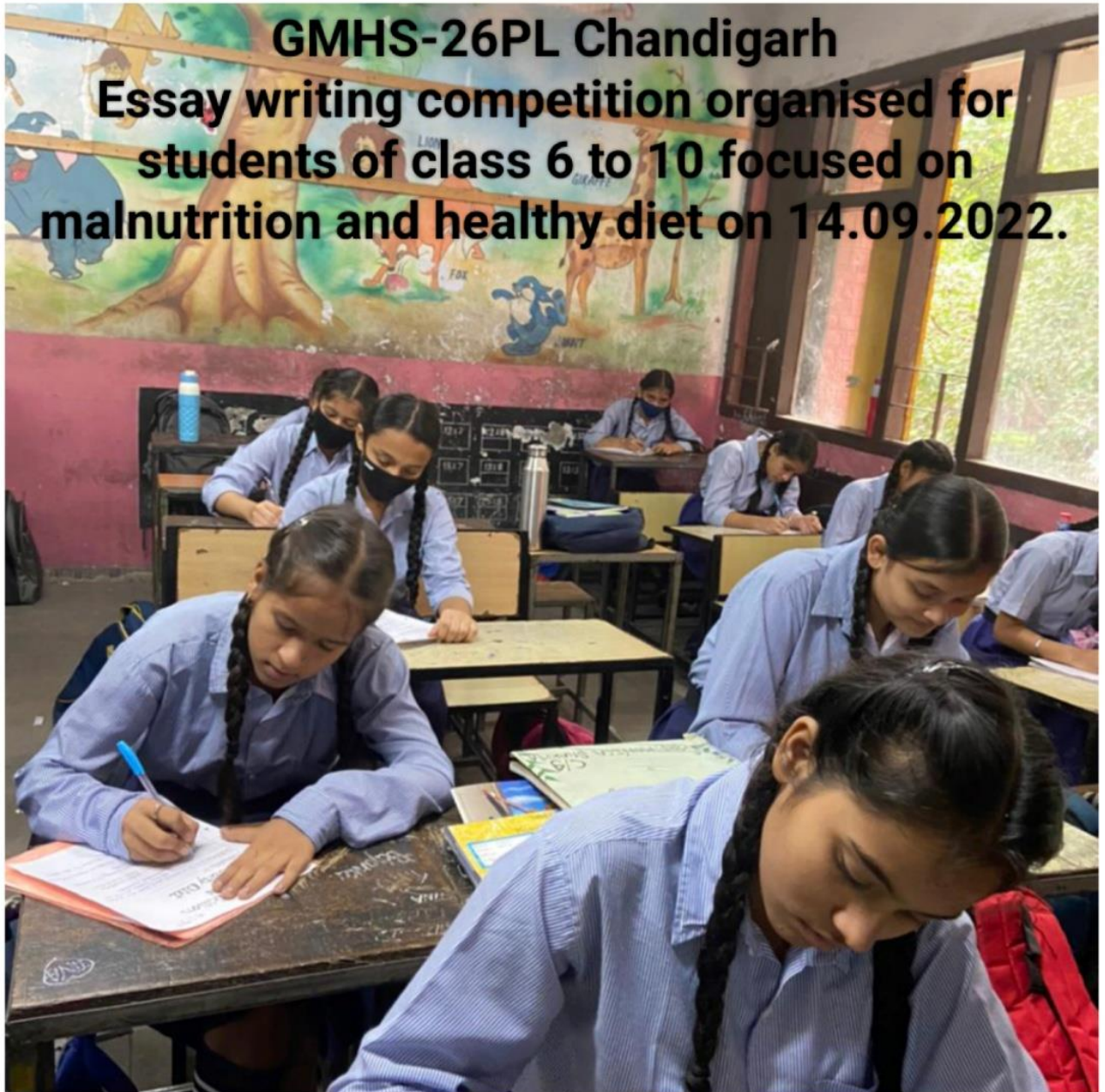
Poshan Maah 2022



**Gmhs-26PL Chandigarh
promote learning about nutrition through traditional
games like stapu, kho-kho etc on 13.09.2022**



**GMHS-26PL Chandigarh
Essay writing competition organised for
students of class 6 to 10 focused on
malnutrition and healthy diet on 14.09.2022.**

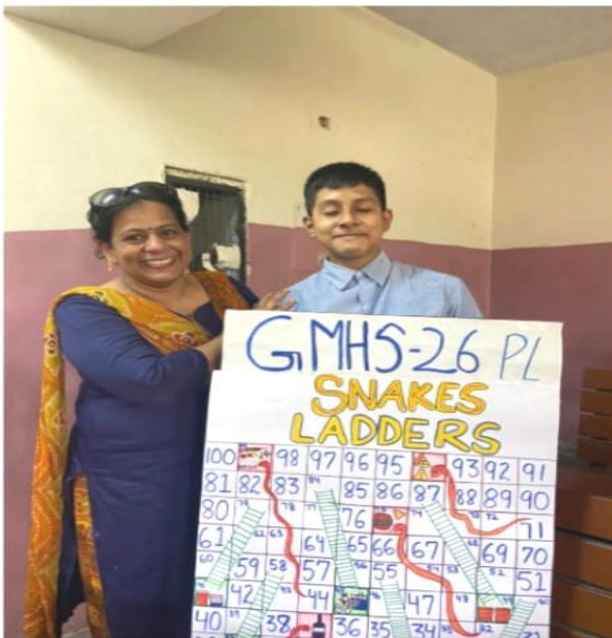


Gmhs-26PL Chandigarh
Poster/Drawing competition organised for
the students of class 6 to 10 focused on
malnutrition and healthy diet on 14.09.2022





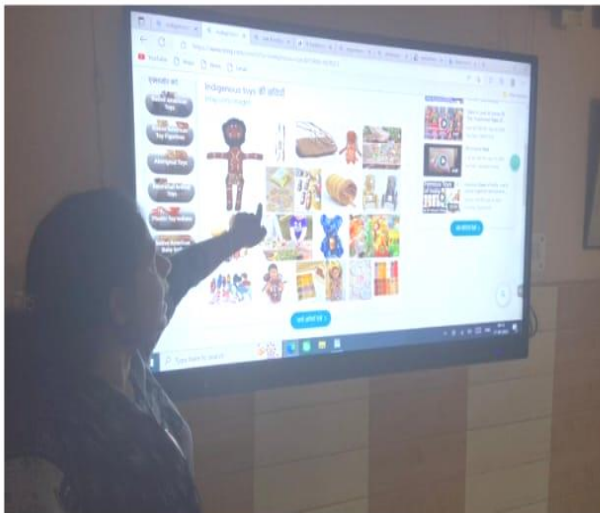
Poshan Maah 2022



Gmhs-26PL, Chandigarh.
Students of this school participated at cluster level Indigenous Toy Fair under Poshan Maah on dated 15.09.2022.



Quiz competition on Poshan Maah, Balanced Diet, Malnutrition and Health and Hygiene organized in GMHS-26PL, Chd on 16.09.2022.



GMHS 26 PL



POSHAN MAAH
2022

AWARENESS DRIVE FOR
PARENTS ON USE OF
INDIGENIOUS TOYS' AT
HOME AND
SENSITIZATION ON
NUTRITION



**GMHS-26PL Chandigarh
Demonstration of Yoga Asans in
school assembly on 19.09.2022**



**Gmhs-26PL, Chandigarh.
Swasth Balak Spardha activity carried out in
school for the students of Pre-Nursery and
Nursery Class under Poshan Maah on 20.09.2022**

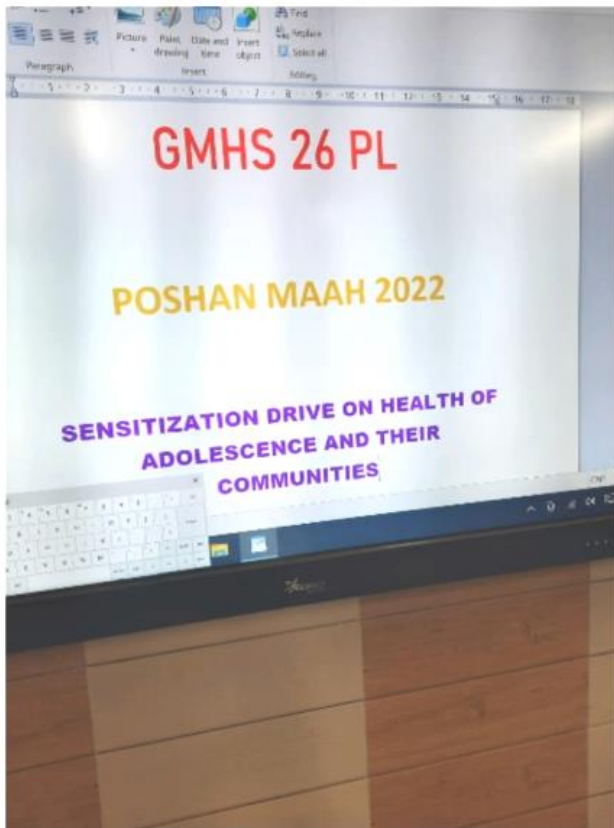
GMHS-26PL, Chandigarh.
School Level Yoga Asana Competition
organised for students on dated
21.09.2022.



GMHS-26PL Chandigarh

Organise Health and Activity Club for Adolescent Girls





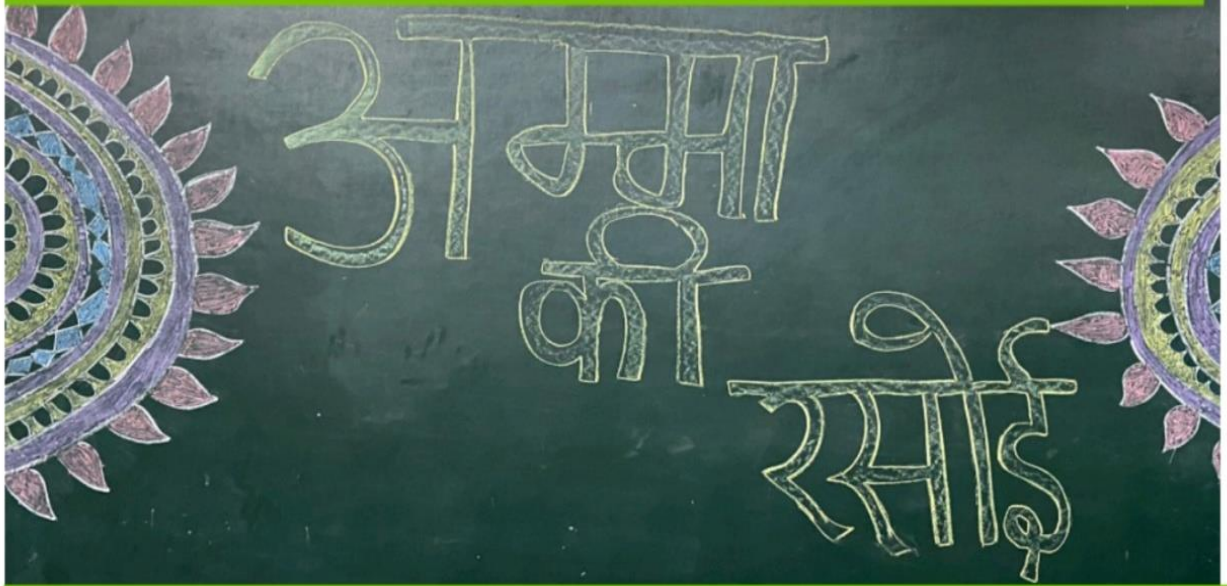


**GMHS-26PL, Chandigarh
organized Inter house sports
competition via traditional
games under Poshan Maah on
27.09.2022**

**Gmhs-26PL, Chandigarh
organised a School Level Junior Chef
Competition under Poshan Maah 2022.**



Gmhs-26PL, Chandigarh.



Poshan Maah



The school organised Amma ki rasoi/ Grand Mother's Kitchen on 28.09.2022.



**Gmhs-26PL, Chandigarh.
Development of catalogue
on traditional and low cost
nutritious food under
Poshan Maah 2022.**



Gmhs-26PL, Chandigarh.

Promotion of tri colour/ rainbow thali in school for students on 29.09.2022 under Poshan Maah 2022.



Gmhs-26PL, Chandigarh conducted an awareness drive for pre primary education in school and Poshan Awareness through songs/poems and dance in school.

Poshan Maah 2022

